The internet became an inseparable part of our lives. Some people think that's good, other that today we spend too much time on the computer or on the mobile phone. In your opinion, what are the advantages and disadvantages of the internet?

The internet became irreplaceable part of our lives.

Nowadays, I can't imagine a world without internet.

In the past it has been used only by the governments. It's created by the militaries.

Today is the part of our personal life, work and hobbies.

It has so much advantages. You can call your friends, relatives via video, whenever you are, from the almost every point in the world.

You can spend a time to find a different resource online, without going to the library.

Also, you can learn a lot of information for all spheres of the life.

But on the other side, today we spend too much time online.

Many people used to play online games, instead of doing physical training.

Some people prefer to use online call, chat, meeting instead of live view.

But I think that nothing can replace a live view. Is not the same.

Using a personal computer or smartphone for a long time is harmful for your sight and brain.

In conclusion I think that we must use internet, but with personal limit, to save our health.

We can't stop development of the technologies.